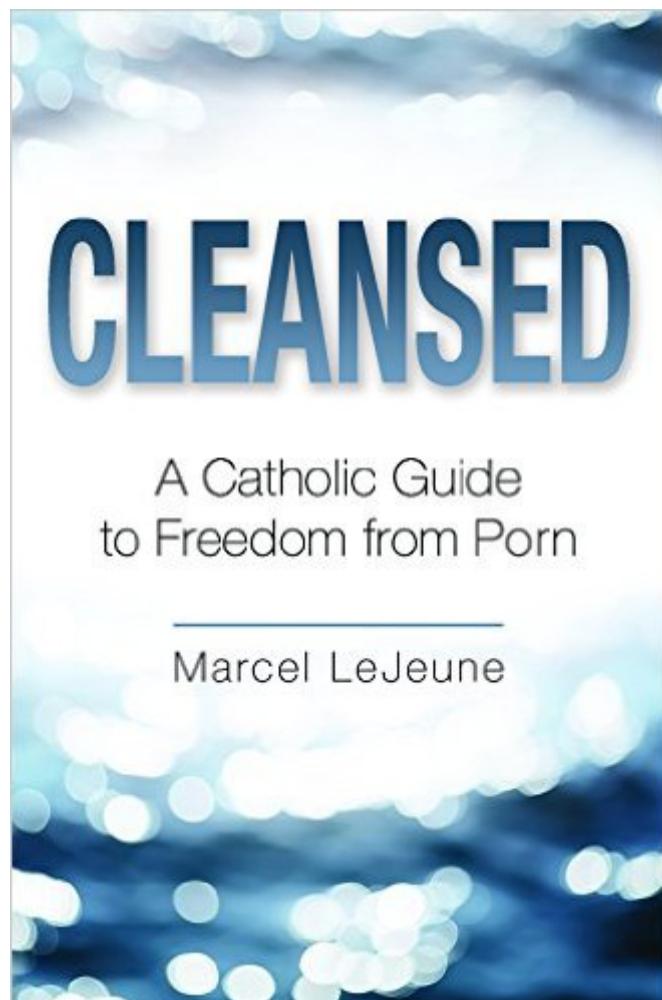


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# Cleansed: A Catholic Guide To Freedom From Porn



## **Synopsis**

"A practical and spiritual guide to freedom and healing from pornography addiction from a Catholic perspective"--

## **Book Information**

Paperback: 152 pages

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## **Customer Reviews**

Pornography is a huge addiction in our society: ripping way the innocence of children, stripping teens of a realistic expectation of sex, driving boyfriends and girlfriends into sex prematurely, deadening marriages, afflicting all ages, and destroying families. Marcel LeJeune has dealt with this scourge in his ministry and has written one of the most complete guides on breaking free from a Catholic perspective. I recently read through *Cleansed: A Catholic Guide to Freedom from Porn* and was impressed. LeJeune has some clear opening chapters describing pornography and the situation before he jumps into ways to overcome it. He begins with a definition: "Pornography is material that portrays suggestive behavior in order to arouse sexual desires and reactions." (8) Marcel clearly opposes the Christian and pornographer's view of sex: "No amount of fear tactics or negativity can sway someone away from porn once that person has been using it for a while. Rather than peddling what is bad, we need to focus on the beautiful and positive message of Christ has given us about sex. Sex can be a beautiful and amazing act if we choose to use it in the manner God intended." (14) He admits, as I would agree, that the Church has been slow to respond to this and unfortunately the church's reasons seem out of date to most people today. The only thing I think was unnecessary in these introductory chapters was explaining the history of Christianity's view of contraception: it is important to link contraception with pornography in the sense that both

promise à œconsequence-freeâ • sex which takes sex outside of a committed relationship, normally marriage, but talking about the Lambeth Convention and Humanae Vitae seemed more of an interesting sidenote than focal for his topic.

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